

Clothing and Equipment List!

Layering clothing makes it easy to adjust to temperature fluctuations from morning to afternoon. It's 10° colder at camp than in State College! Pack accordingly. Rain gear is essential at ODS because we continue with programs even in the rain. We tell the students not to bring makeup, electronic devices, candy, or knives, so you shouldn't bring these either. Bring an alarm clock or your cell phone charger if you use your phone as a clock. ODS does not have OTC medications like Tylenol or ibuprofen, so bring your own if you need those.

- Sleeping bag or sheets and blanket (Optional: bottom twin sheet)
- Bath towels & wash cloth
- Laundry bag (plastic trash bag is fine)
- Pillow and pillowcase
- Personal toiletries (shampoo, toothpaste, etc.)

- Raincoat or poncho with hood or waterproof hat-ESSENTIAL**
- Warm jacket(s)
- Fleece or wool sweaters
- 1 pair of shoes for hiking (doesn't have to be boots, but it is muddy)
- 2 pairs of sneakers (or 1 and 1 pair of closed-toe water shoes)
- Shower shoes/sandals
- Warm hat/ mittens/ gloves
- Pajamas
- 5-6 T-shirts
- 4-5 Pairs of pants/shorts
- 6-7 sets underwear
- 6 or more Pairs of socks (2+ heavy pairs) - bring more than you think you'll need because they get wet!

- Watch and/or Alarm Clock- this is important!**
- Counselor Handbook**
- Day Pack**
- Water Bottle!!**
- Pencils/pens
- Notebook
- Flashlight/headlamp with extra batteries
- Sunscreen

Optional: Medication – prescription and OTC like Tylenol, etc., Musical Instrument, **Travel Coffee Mug**